



Over 55?

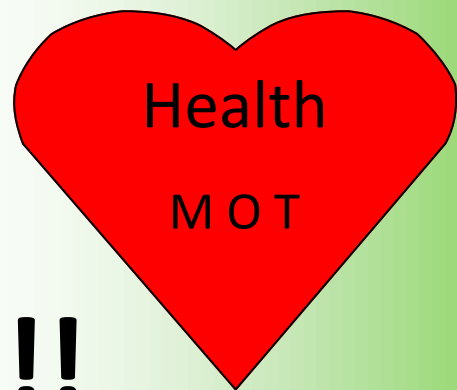


WINTER WELLNESS EVENT



- * Save Money
- * Stay Independent
- * Know your Rights
- * Local Activities

Have a GO :
First Aid
Beer Goggles
Food Tasting
FREE Soup & a Roll



Lots of freebies !!

Thursday 14th February 2019

10am – 2 pm

**St Laurence Church Hall, High St, Measham,
DE12 7HZ**

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MEET THE CARING PROFESSIONALS

INFORMATION & SERVICES

Health: Free Health Checks/ Food Nutrition/
Alcohol Awareness / Health Walks / First Aid /
Fire safety/

Staying Connected : Befriending / Local Groups /
Veterans Groups & Outings

Money: Attendance Allowance/ Wills & probate
Cutting Bills / Free Benefit Check Appointments
Free Home Energy Checks

Care: Day Care /Sheltered Housing/ Lifelines /
Respite / Personal Assistant

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LOTTERY FUNDED

